

Primary Schools – New School Dinner Menu

November 2026

We would like to make parents and carers aware that Cardiff Council Catering Services will be introducing a new primary school menu from 2nd November 2026 as part of updated Welsh Government healthy eating regulations.

These new standards are designed to ensure that school meals continue to provide children with nutritious, balanced foods that support their health, well-being and learning. The updated menus will include;

- More fruit and vegetables
- More wholegrain foods
- Increased plant-based protein options such as beans and pulses
- Reduced sugar and processed meats
- Fewer deep-fried items, sweet desserts and baked goods
- Age-appropriate portion sizes for younger and older primary school pupils

The new menu has been carefully developed to meet these nutritional requirements while maintaining many of the meals that children already enjoy. New dishes such as macaroni cheese and baked chicken salsa will be introduced alongside favourites including chicken korma, bolognese and sausage and mash.

As part of Cardiff's Universal Primary Free School Meal initiative, all primary age pupils continue to be entitled to a free school meal each day.

Parents and carers can continue to order meals through **ParentPay**.

A copy of the new menu is shared below and will be available on the Cardiff Council website shortly.

Parents and carers of children with allergies or specific dietary requirements should note that an updated allergy matrix will be published over the half-term break and ParentPay will also be updated at this time.

For any enquiries regarding school meals, please contact
educationcatering@cardiff.gov.uk

Queries relating to therapeutic diets and specialist menus can be directed
to therapeuticdiets@cardiff.gov.uk

PRIMARY SCHOOL MENU

2026/2027

www.cardiff.gov.uk/schoolcatering

@Cardiffschmeals



WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FIRST COURSE OPTION 1	Macaroni Cheese and Garlic Bread 🌱	Chicken Korma	Hotdog	Savoury Mince in a Yorkshire Pudding	Fish Fingers
FIRST COURSE OPTION 2	Ravioli in Tomato and Basil Sauce and Garlic Slice 🍷	Mexican Bean and Vegetables 🍷	Chickpea and Vegetable Tagine 🍷	Plant Based Sausage and Gravy 🍷	Vegetable Nuggets 🍷
FIRST COURSE OPTION 3	Jacket Potato 🍷 Plain or w/ choice of tuna mayo, cheese 🌱, baked beans 🍷, beans and cheese 🌱, vegan cheese 🌱 or vegan cheese and beans 🍷	Multi-Colour Topped Pasta w/ choice of vegan cheese 🍷, cheese 🌱, tuna, tomato 🍷, tomato and vegan cheese 🍷, tomato and cheese 🌱	Jacket Potato 🍷 Plain or w/ choice of tuna mayo, cheese 🌱, baked beans 🍷, beans and cheese 🌱, vegan cheese 🌱 or vegan cheese and beans 🍷	Multi-Colour Topped Pasta w/ choice of vegan cheese 🍷, cheese 🌱, tuna, tomato 🍷, tomato and vegan cheese 🍷, tomato and cheese 🌱	Jacket Potato 🍷 Plain or w/ choice of tuna mayo, cheese 🌱, baked beans 🍷, beans and cheese 🌱, vegan cheese 🌱 or vegan cheese and beans 🍷
CARBOHYDRATE	Pasta	Rice	Potato Wedges Cous-Cous	Mashed Potato	Chips New Potatoes
VEGETABLES	Broccoli	Carrots	Baked Beans	Peas	Peas
	Sweetcorn	Cauliflower	Peas	Carrots	Baked Beans
	Salad	Salad	Salad	Salad	Salad
SECOND COURSE	Cheese or Vegan Cheese, Crackers and Pineapple 🌱 🍷	Yoghurts or Plant Based Yoghurt and Melon 🌱 🍷	Mixed Fruit 🍷	Jelly with Peach Slices 🍷	Ice Cream Pot or Sorbet Pot and Peach Slices 🍷
FRESH FRUIT AVAILABLE EVERY DAY					

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FIRST COURSE OPTION 1	Cheese and Tomato Pizza 🌱	Baked Chicken Salsa	Bolognese and Garlic Bread	Pork and Leek Sausage and Gravy	Fish Fingers or Salmon Fish Fillet
FIRST COURSE OPTION 2	No Whey Cheese and Tomato Pizza 🍷	Vegetable and Chickpea Korma 🍷	Vegetable and Lentil Bolognese and Garlic Slice 🍷	Plant Based Savoury Mince 🍷	Naked Vegetable Burger 🍷
FIRST COURSE OPTION 3	Jacket Potato 🍷 Plain or w/ choice of tuna mayo, cheese 🌱, baked beans 🍷, beans and cheese 🌱, vegan cheese 🌱 or vegan cheese and beans 🍷	Multi-Colour Topped Pasta w/ choice of vegan cheese 🍷, cheese 🌱, tuna, tomato 🍷, tomato and vegan cheese 🍷, tomato and cheese 🌱	Jacket Potato 🍷 Plain or w/ choice of tuna mayo, cheese 🌱, baked beans 🍷, beans and cheese 🌱, vegan cheese 🌱 or vegan cheese and beans 🍷	Multi-Colour Topped Pasta w/ choice of vegan cheese 🍷, cheese 🌱, tuna, tomato 🍷, tomato and vegan cheese 🍷, tomato and cheese 🌱	Jacket Potato 🍷 Plain or w/ choice of tuna mayo, cheese 🌱, baked beans 🍷, beans and cheese 🌱, vegan cheese 🌱 or vegan cheese and beans 🍷
CARBOHYDRATE	Herby Diced Potato New Potatoes	Rice	Pasta	Mashed Potato	Chips New Potatoes
VEGETABLES	Peas	Carrots	Sweetcorn	Carrots	Peas
	Sweetcorn	Broccoli	Broccoli	Cauliflower	Baked Beans
	Salad	Salad	Salad	Salad	Salad
SECOND COURSE	Cheese or Vegan Cheese, Crackers and Pineapple 🌱 🍷	Yoghurts or Plant Based Yoghurt and Melon 🌱 🍷	Mixed Fruit 🍷	Shortbread and Mandarins 🍷	Ice Cream Pot or Sorbet Pot and Peach Slices 🌱 🍷
FRESH FRUIT AVAILABLE EVERY DAY					

🌱 Suitable for vegetarians

🍷 Suitable for plant-based diets or can be made for a plant-based diet

If your child has a specific dietary requirement, please email therapeuticdiets@cardiff.gov.uk to discuss your child's needs with a member of the team.

Multi faith (e.g. Halal) options are available in selected schools, please contact your child's school for more information.



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery.