



Primary Schools Full Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Beef Burger Cheese Burger	Bolognese *** and Garlic Bread	Chicken Korma*** with Naan Bread or Salmon Fish Finger	Roast Sausage or Yorkshire Pudding	Fish Fingers
OPTION 2	Spicy Bean Casserole (PB)	Veggie Bolognese *** in Tomato and Sauce and Garlic Bread (PB)	Vegetable Korma*** with Naan Bread (PB)	Quorn Fillet with Gravy (PB)	Glamorgan Sausage Hot Dog (V)
AVAILABLE DAILY	Filled Jacket Potato (V/PB) – Fillings include tuna mayo, cheese, beans or cheese and beans				
CARBOHYDRATE	Herby Diced Potato New Potatoes	Pasta	Rice	Mashed Potatoes New Potatoes	Chips New Potatoes
VEGETABLE OPTION	Sweetcorn Peas Salad Baked Beans	Sweetcorn Salad Baked Beans	Sweetcorn Broccoli Baked Beans Salad	Sweetcorn Carrots Peas Baked Beans Salad	Sweetcorn Peas Baked Beans Salad
DESSERT OPTIONS	Fruit Yoghurt Cheese and Biscuits	Jelly and Ice Cream with Peach Slices	Fruit Yoghurt Cheese and Biscuits	Raspberry Ripple Ice Cream Roll with Mandarin Oranges	Fruit Yoghurt Cheese and Biscuits
	Fresh Fruit and low-fat yoghurts available every day				

V= Suitable for vegetarians

PB= Suitable for plant-based diets or can be made for a plant-based diet

*** Can be offered as a choice with Jacket Potato



Primary Schools Full Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Cheese and Tomato Pizza (V)	Pork Meatballs *** in Tomato and Sauce and Garlic Bread	Chicken Tikka Masala*** Curry and Naan Bread	Chicken Fillet with Gravy	Fish Bites
OPTION 2	Spicy Bean Casserole (PB)	Vegeballs *** in Tomato and Sauce and Garlic Bread (PB)	Four Cheese Tortellini in Tomato and Basil Sauce and Garlic Bread (V)	Quorn Fillet with Gravy (PB)	Glamorgan Sausage Hot Dog (V)
AVAILABLE DAILY	Filled Jacket Potato (V/PB) – Fillings include tuna mayo, cheese, beans or cheese and beans				
CARBOHYDRATE	Rice Potato Wedges	Pasta	Rice	Roast Potatoes Mashed Potatoes	Chips New Potatoes
VEGETABLE OPTION	Sweetcorn Salad Baked Beans	Sweetcorn Carrots Peas Baked Beans Salad	Sweetcorn Baked Beans Salad	Sweetcorn Carrots Broccoli Baked Beans Salad	Sweetcorn Peas Baked Beans Salad
DESSERT OPTIONS	Fruit Yoghurt Cheese and Biscuits	Jelly and Ice Cream with Peach Slices	Fruit Yoghurt Cheese and Biscuits	Raspberry Ripple Ice Cream Roll with Mandarin Oranges	Fruit Yoghurt Cheese and Biscuits
	Fresh Fruit and low-fat yoghurts available every day				

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